How to INCREASE Communication Success ...


## Before We Dive In...



1 Write down your First Name

2 Write down your First Name with your Non-Dominant hand

## How did the transition feel?

Did you Succeed?

## The Three P's



## Communication Success - Learn (D) 1 SC $A, B, C s$

## DISC Background

Natural Style

Adaptive Style

Applying DISC

## Part One

## DISC Background

## What is DISC? ... Ride an elevator today?



## DISC Model - Since 1928



# Natural Styles 

## Natural eGraph II



## Key Points:

- Style NOT Skill
- Represents your 24-7

Both Work \& Home

- Based on:

Nature (DNA)
Nurture (Society \& Family Influences)

## Natural Graph



## Key Points:

- Energy Line: Indicates degree of preference for each style
- Natural Style: Based on points above the Energy Line
- Labeled as your "Pattern"
- We all have some D, I, S, and C in our styles


## What determines the Natural Graph Results?



## Least!

Research shows people have more clarity around what they least like.

Does not matter when or where you ask me. My answer will always be:


## Dominant - Orientation is Problem Solving



D $I S$

## Influencer - Orientation is People Connection




## Steady - Orientation is Planning



1 s

## Conscientious - Orientation Procedures



Preference -
To Analyze

${ }_{100}$ D I S C


Preference Conceptual

Preference -
Pragmatic/Focused

## Natural Word Sketch

## Key Points:

- Positive "Style" descriptors for your Natural Style
- Highlighted words indicate your preference for:
Problem Solving
Connecting with People Developing a Plan Working with Procedures


## Identify the DISC Styles



## To Kill a Mockingbird

Gregory Peck
(C) Conscientious

The Good Wife
Julianna Margulies


## Intolerable Cruelty

George Clooney
I Influence

## DISCcert Team Styles




## Communication Tips- How to Communicate with a...



## Pair \& Share - With a Different Style than Yours

## Share

- Strengths - Page 11
- Communication Tips - Page 14


## Discuss

- Similarities?
- Differences?


## Learn



- Do you use your communication tips with your partner?



## Applying DISC

## DISC Behaviors: Non-Verbal Examples



- Handshake - Firm and not held long
- Gestures - Used to speed things up
- Eye Contact - If they are listening to you
- Handshake - Says Mappy to see YOU! ${ }^{\text {Ps}}$
- Gestures - Animated
- Eye Contact - Looks to engage you
- Handshake - Solid, but friendly
- Gestures - Minimal
- Eye Contact - Direct without intensity
- Handshake - Formal
- Gestures - Deliberate
- Eye Contact - Sparse


## Prep for the Trip to Visit another Country?



Shows Respect to Native Language!
Plus Ability to Speak Another Language Increase Communication Successes


## DISC Styles - 2 Key Questions - Pace? Priority?



The Great Outdoors

## Behavioral Styles

## Communication Tips

 to Use with Each Style

## Goal <br> Oriented <br> Builds <br> Positive Alliances



Enjoys
Teamwork
Thinks
Logically

Provide
Positive Comments
Offer
Solutions

Acknowledge Their Support

Give data to them in writing

## Email: Communication Tips

Greeting - Format - Word Choice


Friendly - Methodical - Productive

Formal - Detailed - Serious
Include data, stay on task

## Email Decoding - Doing Email \#4 Altogether

## Email \#4

$\qquad$

Planning Committee<br>Mtg Oct $15-2^{\text {nd }}$ floor - sm conference<br>9-12:30<br>We will start on time<br>D. Dacron<br>What is D. Dacron's DISC Style? (The sender)

Greeting - Format - Word Choice


Get to the point ASAP

1 Happy Tone - ©, Colors - Social

S Friendly - Methodical - Productive

C Formal - Detailed - Serious

Include acknowledgements

Well-organized message

Include data, stay on task

Pretend you are recipient of this email. Write an email response to D. Dacron.

## Email Decoding Worksheet

## Email \#1

Subject: Plaming Meeting Invidtion
Hello Sam,
I would like to invite you to attend the planning meeting on Tuesday, October 15 ${ }^{\text {th }}$ on the second floor, the small
conference room. I know you have a busy schedule, sol want to extend my appreciation for your time. The meeting
starts @ 9:00 a.m. and ends @ 12:30 p.m. Please bring your reports, to help ensure this is highly productive meeting.
I look forward to seeing you on October 15th and working together to increase success for all of us. Please do not
hesitate to call me @ ext 43.
Warm Regards,
Sarah Smith
Customer Care Department

Greeting-Format-Word Choice Tips
Get to the point ASAP

I Happy Tone - ©, Colors - Social
Include acknowledgements

S Friendly - Methodical - Productive
Well-organized message

C Formal - Detailed - Serious

## What is Sarah's DISC Style?

(The sender)

Pretend you are Recipient of this email. Write an email response to Sarah.

## Email Decoding Worksheet

## Email \#2

```
Sibject: Plaming Neting with food:;
```

Hi Everyone!
I am so excited that we will all be working together on the planning committee! I scheduled it on

Greeting - Format - Word Choice


I Happy Tone - ©, Colors - Social

S Friendly - Methodical - Productive

C Formal - Detailed - Serious

Tips

Tues, Oct 15 from 9-12:30 (yes, there will be plenty of coffee in the morning and a great lunch at the end ;-) We'll be on the second floor - sm conference rm. This will be our first meeting and I know you'll all make it a huge success, with all the talent and experience you bring! I know several of you have some excellent materials to share - that's great. We'll have plenty of time to hear from everyone.

Thrilled your'e a part of this new planning committee!
(We could come up with a special name for our committee too!)
See you on Oct 15! Thanks so much ©
nclude data, stay on task
|sabel,
Customer Care Dept
What is Isabel's DISC Style?
(The sender)
Pretend you are the recipient of this email.
Write an email response to Isabel.

## Email Decoding Worksheet

## Email \#3

## Subject

Planning Meeting Announcement

## Attention Planning Committee:

The Planning Committee will be meeting on Tuesday, October 15, 2013 on the second floor in the smaller of the two Conference rooms.

The meeting will begin at 9:00 A.M. PST and conclude at 12:30 P.M. PST.
The agenda for the meeting is as follows:

1. Current status of our customer care process
2. Proposal presentations. (Send your PowerPoint slides to me by October 1, 2013.)
3. Sub-committee assignments and timelines.

We will commence our meeting on time at 9:00 A.M. PST and conclude at 12:30 P.M. PST.

Greeting - Format - Word Choice



I Happy Tone - ©, Colors - Social

S Friendly - Methodical - Productive

C Formal - Detailed - Serious

Include acknowledgements

```
Well-organized message
```

Include data, stay on task

Regards,
Carlton Cornick
Customer Care Agent
What is Carlton Cornick's 's DISC Style?
(The sender)
Pretend you are recipient of this email. Write an email response to Carlton Cornick.53

## Action Plan for All Styles



## Action Plan for All Styles



At bottom of page write how you will apply the Tip

Your Action Plan:
IIll be mecting witu buve next Tuesclay to discuss the 1 st quantere bueget. 1 inils spend time thinking in adiance whed questions she will have of me. I know shith definitley be asking me how we are compansing so fare with last yeak's bueget.

Copyright © 1996-2014 A \& A. Inc. \& Copyright © 2014 DISCcert. DISCcert-Certifications 858.459 .6648 unww.disccert.com


## How (D)'s C Supports GLOBE Inc Values




| Entering a "D" Office <br> What is a "D"? Dominant Office is for business, not chit-chat | Entering an "I" Office <br> What is an "I"? Influence Ofiice is for creating and connecting | Entering an "S" Office <br> What is an "S"? Steady Ofiice is for relationship building | Entering a "C" Office <br> What is a "C"? Conscientious Office is for doing quality work |
| :---: | :---: | :---: | :---: |
|  |  |  |  |
| lis a "D" Office When | Ifs an " "] Office When | It's an "S" ofice when | lis a "C" Ofice When |
| Desk <br> Massive desk keeps others at a distance. <br> Often has papers stacked neatly and bulging In/Out basket. | Dask <br> Multiple projects and messages are highly visible. Reflects their optimism for getting a lot accomplished | Desk <br> Unassuming desk with family photos \& mementos arranged for viewing from chair | Desk <br> Neat, uncluttered, usually facing a wall, with useful objects accessible |
| Non-Verbal Message <br> Let's get down to business." | Non-Verbal Message <br> IIm a creative problem | Non-Verbal Message <br> "My work is not my life." | Non-Verbal Message <br> "want to be left alone to work." |
| Chair <br> Large chair behind "power desk." Oten remains seated when you enter May not have a chaif for vistors. not have a chair for visitors. | Chir <br> Comfortable, swivels, easy to get out of <br> Often leaves chair to sit next to you for a lively conversation | Chair <br> Comfortable \& functional. Prefers friendly side-by-side seating arrangement. | Chair <br> Functional. Seating is aranged to maintain distance from visitors. |
| Non-Verbal Message <br> "Im powerful. I'm in control." | Non-Verbal Message <br> "I need to feel I know you before we can talk business." | Non-Verbal Message <br> "I'm personable and accessible." | Non-Verbal Message <br> "Communications will be conducted in a controlled and business-like manner." |
| Walls <br> Trophies, awards, diplomas, commendations. <br> One wall may have large planning timeline or calendar. | Walls <br> otivational slogans, posters and action-oriented photos <br> Often adds background sounds (music, radio) to energize their environment. | Walls <br> Conservetively-framed landscapes, motivational posters \& certificates recognizing community service | Walls <br> Chats, graphs \& models about specific productisservices are arranged with pristine accuracy |
| Non-Verbal Message <br> Iknow how to win." |  | Non-Verbal Message <br> "I'm traditional, contemplative and giving of my time." | Non-Verbal Message <br> "I'm an expert in my field. |

## What was your Key Insight Today?



1. Pick a key insight, takeaway, or learning
2. Determine how to put that insight into action
3. Share your insight and action commitment with one other person

Patch Adams

How to INCREASE Communication Success?
APPLY the $A, B, C^{\prime \prime}$ to ©iso 1. Aware
2. Be Open
3. Can Do

- Emails? Meetings?
- Phone Calls?
- Talk with a Colleague?

